



**FREDERICKSBURG POLICE DEPARTMENT**  
**CONFIDENCE COURSE**  
**RELEASE OF LIABILITY, WAIVER OF LEGAL RIGHT**  
**AND ASSUMPTION OF RISK – MINOR CHILD**



In consideration of being allowed to participate in training on the Fredericksburg Police Department **Confidence Course**, located at 2200 Cowan Boulevard, Fredericksburg, VA 22401, I hereby understand and agree to this “Release of Liability, Waiver of Legal Rights and Assumption of Risk” to the terms hereof as follows:

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1. I acknowledge that the **Confidence Course** is a physically demanding activity and such activity is subject to mishap and even injury to participants, including but not limited to, the potential for permanent paralysis or death. The risks of training on the **Confidence Course** include but are not limited to, the risks of falling from a height, tripping, striking a hard object, or any combination of these risks or others. I understand and acknowledge that the **Confidence Course** activities have inherent dangers that no amount of care, caution, instruction or expertise can eliminate and I **expressly and voluntarily assume all risk of death or personal injury sustained by my minor child while participating in Confidence Course activities whether or not caused by the negligence of the released parties.**

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2. As a condition to being permitted to train on the **Confidence Course**, I agree that my minor child will participate in **Confidence Course** safety training and orientation, to abide by the safety rules listed below, and to follow all directions given by either the Fredericksburg Police Department or my own agency supervisor.

- A. A mandatory orientation must be completed by any person wishing to utilize the **Confidence Course**. Fredericksburg Police employees should contact Sgt. Hallam to schedule orientation.
- B. No jewelry or wristwatches will be worn on the course.
- C. There is a two (2) person minimum at all times for course usage.
- D. There will be no rappelling without a rappel master present.

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3. I certify that my minor child is physically capable of safely participating in the **Confidence Course**, and I have taken all actions that I consider necessary to make this determination, up to and including inspecting the course and seeking the advice of and appropriate examinations by a qualified physician. Should my minor child require any reasonable accommodation I have made my needs known to the Fredericksburg Police Department and my own agency, and I agree to abide by their decision as to whether they can accommodate his/her needs, and if so, how such an accommodation is to be made.

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4. I expressly recognize that this Release of Liability, Waiver of Legal Rights, and Assumption of Risk is a contract pursuant to which I have released claims against the released parties resulting from any injury, or death, sustained from my minor child’s participation in the **Confidence Course** activities including any claims for negligence of the released parties.

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5. In consideration of my minor child being allowed to participate in the **Confidence Course**, I hereby waive, release and forever discharge the City of Fredericksburg and its officers, directors, employees and agents from any and all claims, liabilities, actions and causes of action of every nature and kind arising out of or relating in any way to the **Confidence Course**.

**I have read this Release of Liability, Waiver of Legal Rights and Assumption of Risk and fully understand its contents. I sign it of my own free will.**

Signature of Parent or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Participant’s Name (Print) \_\_\_\_\_

Participant’s or Guardian/Parent’s Agency (Print) \_\_\_\_\_

Instructor Name (Print) \_\_\_\_\_ Signature \_\_\_\_\_

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Fredericksburg Police employees – forward completed form to Kristina Brown. Form will be kept in Personnel File.  
 Other outside agencies – forward completed form to Sgt. Bill Hallam (540) 654-5741